



699 S. Navajo Drive
P.O. Box 1180
Page, Az. 86040
(928) 645 - 2600
Fax# (928) 608 - 0445

Page Senior Center
Meal Program
July 2008
Menu Is Subject To Change

Reservation 24 Hours In Advance
Suggested Donation \$3.50
(60+ Years Eligible)
Reimbursement for meal cost \$7.00

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Each Meal Served With Bread & Milk Or Starch Supplement Menu Is Subject To Change</i></p> 	<p>1 Smorgasbord Variety of Meats, Fruit & Vegetables</p>	<p>2 BBQ Pork, Potato Wedges, Cauliflower w/ Cheese, Green Salad, Mixed Fruit</p>	<p>3 Hamburgers or Cheese- burgers w/ Garnish, French Fries, Peas & Carrots, Melon, Cookies</p>	<p>4 Center Closed "Independence Day"</p> 
<p>7 Beef Stuffed Green Peppers, Corn, Rice, Peaches, Dessert</p>	<p>8 Turkey Breast, Sweet Potatoes, Brussel Sprouts, Cantaloupe, Rolls</p>	<p>9 Mac & Cheese, Spinach, Carrots, Apples w/ Raisins</p>	<p>10 Pork Chops, Peas, Cauliflower, Mixed Fruit, Stuffing, Dessert</p>	<p>11 Baked Fish, Rice Dish, Green Beans, Tomato Juice, Strawberries, Crackers</p>
<p>14 Pork Roast, Baked Potato, Mixed Veggies, Applesauce</p>	<p>15 Beef Ravioli, Green Beans, Winter Squash, Green Salad w/ Fruit, Garlic Bread</p>	<p>16 Chicken Salad, Split Pea Soup, Carrots, Melon, Crackers, Dessert</p>	<p>17 Salmon Patties, Wild Rice, Stewed Tomatoes, Cole Slaw, Pineapple, Dessert</p>	<p>18 Vegetable Lasagna, Acorn Squash, Melon, Garlic Toast</p>
<p>21 Baked Ham, Sweet Potatoes, Cauliflower, Green Beans, Applesauce</p>	<p>22 Wheat & Rye Reuben Sandwich, Vegetable Soup, Kraut, Melon, Dessert</p>	<p>23 Cheese Enchiladas, Refried Beans, Spanish Rice, Mexican Corn, Orange Wedges</p>	<p>24 Spaghetti & Italian Sausage, Green Beans, Romaine Salad, Mixed Fruit, Garlic Bread</p>	<p>25 Tilapia Fish, Potato Wedges, Peas & Carrots, Beets, Brown Rice, Melon, Dessert</p>
<p>28 Baked Chicken, Fried Potatoes, Spinach, Acorn Squash, Apple Slices, Corn Bread</p>	<p>29 Roast Beef, Mashed Potatoes, Green Bean Casserole, Sliced Pears, Rolls</p>	<p>30 Sweet & Sour Meatballs, Green & Red Peppers, Rice, Corn, Pears, Dessert</p>	<p>31 South West Chicken Soup, 4 Bean Salad, Broccoli, Apricots, Dessert</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Supported by the City of Page, NACOG, LPSA, Grants & Donations</p> </div>