

Hours: Mon ~ Fri 8 am – 4 pm
Sat. 6:30 pm – 9:30 pm

PAGE COMMUNITY CENTER EVENTS CALENDAR

MARCH 2010

Scheduled Events are Subject to Change

699 S. Navajo Drive, P.O. Box 1422
Page, Arizona 86040
(928) 65-2600

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Medicare Benefits Counseling and Legal Advocacy (Call for an Appointment.)</p>	<p>1 Line Dance 9:00 am Ballroom Walking 10:30 am VA Rep at Center 11:00 am to 3:00 pm Strength Class 1:15 pm Exercise Class 6:00 pm</p>	<p>2 READ ACROSS AMERICA DAY Wii Bowling 1:00 pm Weight Watchers 5:00 pm Yoga 5:15 pm</p>	<p>3 Dance DVD 9:30 am Reflexology 9:30—12:00 Yoga 10:30 am Meditation w/ Vicki 1:00 pm Movie Day 1:00pm Exercise Class 6:00 pm</p>	<p>4 Wii Bowling all am Table Massage 9—12 Strength Class 1:15pm Yoga 5:15 pm Cancer Support Group 5:30 pm—7:00 pm</p>	<p>5 Line Dance 9:00 am Ballroom Walking 10:30 am Wii Bowling 1:00 pm Learn to Crochet 2:30 pm</p>	<p>6 Potluck 5:30 pm to 9:30 pm</p>
<p>7 Open Exercise Every Mon thru Fri, 12:00 pm to 1:00 pm the Ballroom is open for free exercise. Exercise DVDs, hand weights, mats, exercise bicycle, and walking machine are available.</p>	<p>Line Dance 9:00 am Ballroom Walk 10:30 am Strength Class 1:15pm Exercise Class 6:00pm</p>	<p>9 Discount Haircuts 10:00 am to 2:00 pm Emergency Preparedness 1:00 pm Wii Bowling 1:00 pm Weight Watchers 5:00 pm Yoga 5:15 pm</p>	<p>10 Dance DVD 9:30 am Reflexology 9:30—3:00 Blood Press/Glucose Check 10:00 am to 12:00 pm Yoga 10:30am Movie Day 1:00pm Exercise Class 6:00pm</p>	<p>11 Wii Bowling all am Table Massage 9 –12 Strength Class 1:15pm Dinner at Dennys 4:45 pm Yoga 5:15 pm</p>	<p>Line Dance 9:00 am Ballroom Walking 10:30 am Wii Bowling 1:00 pm Learn to Crochet 2:30 pm</p>	<p>13 ELMER HORTON'S BIRTHDAY 1:00 PM—3:00 PM</p>
<p>14</p>	<p>15 Line Dance 9:00 am Ballroom Walk 10:30 am SOC SEC REP 1:00 pm—4:00 pm Strength Class 1:15pm Exercise Class 6:00pm</p>	<p>16 SOC SEC REP 8:00 am—12:00 pm Wii Bowling 1:00 pm LPSA Brd Mtg 3:15 pm Weight Watchers 5pm LPSA Brd Mtg 3:15 pm Yoga 5:15 pm</p>	<p>17 ST. PATRICK'S DAY PARTY! Dance DVD Style 9:30 am Quantum Facials 10:00 am—3:00 pm Yoga 10:30 am Movie Day 1:00pm Exercise Class 6:00 pm</p>	<p>18 Wii Bowling all am Table Massage 9—12 Health Presentation By Leigh Cherry 12:230 pm Strength Class 1:15pm SC Board Mtg 3:15pm Yoga 5:15 pm</p>	<p>19 Trip to St. George 8:00 am Line Dance 9:00 am Ballroom Walking 10:30 am Wii Bowling 1:00 pm Learn to Crochet 2:30 pm</p>	<p>20 Potluck 5:30 pm to 9:30 pm</p>
<p>21</p>	<p>22 Line Dance 9:00 am Ballroom Walk 10:30 am Strength Class 1:15pm Exercise Class 6:00pm</p>	<p>23 AMERICAN DIABETES ALERT DAY! Discount Haircuts 10:00 am to 2:00 pm Diabetes Presentation 12:30 Wii Bowling 1:00 pm Weight Watchers 5pm Yoga 5:15 pm</p>	<p>24 Dance DVD 9:30 am Reflexology 9:30—3:00 Yoga 10:30pm Exercise Class 6:00pm</p>	<p>25 Wii Bowling all am Table Massage 9—12 Strength Class 1:15pm Legal Advocacy 1-3 Yoga 5:15 pm</p>	<p>26 Line Dance 9:00 am Ballroom Walking 10:30 am Wii Bowling 10:30 am Learn to Crochet 2:30 pm</p>	
<p>28</p>	<p>29 MARCH BIRTHDAYS! Line Dance 9:00 am Ballroom Walk 10:30 am Strength Class 1:15pm Exercise Class 6:00pm</p>	<p>30 Wii Bowling 1:00 pm Weight Watchers 5pm Yoga 5:15 pm</p>	<p>31 Reflexology 9:30-3:00 Yoga 10:30 am NACOG PUBLIC MTG 11:00 am NACOG OPEN HOUSE NOON Exercise Class 6:00pm</p>	<p>Senior Transportation is available Mon-Fri 8:30 am to 3:00 pm. Call: (928) 660-0892 or (928) 645-2600.</p>		

Senior Transportation Available
Mon.-Fri. 8:30 am—3:00 pm (928) 660-0892
or (928) 645-2600

